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FATIMA2 Curriculum for Young Human Rights and Gender Equality Ambassadors

Module 1.2 Understanding Gender Equality



*FATIMA 2: Preventing Honour Related Violence against women
through Social Impact Projects and Peer Learning led by
young men*
Ref. 101095877

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USER GUIDANCE

Gender equality is a social, political, and economic theory advocating for equal rights, opportunities, and treatment for individuals of all genders, irrespective of their biological sex. It is founded on the principle that gender should not determine one's status, rights, or access to resources and opportunities within society. The theory of gender equality encompasses various dimensions, including legal, social, economic, and cultural aspects, and it seeks to challenge and dismantle gender-based discrimination and stereotypes. Gender is a key concept for understanding how inequality and equality arise. Gender comes from the English word gender and refers to social and cultural sex. It includes the perceptions and beliefs about what is female and male in society. It is also referred to as social constructions of gender. Gender is not static but constantly changing and looks different in different cultures, eras and in different parts of the world.

We create different, invisible rules norms, customs, expectations, about male and female in our society, a gender contract. It is characterized by three basic principles:

- Women and men are kept apart
- The male is valued more than the female.
- Everyone is involved in creating the gender order

Keywords:

Social norms are based on underlying values. Norms and values are part of a culture. Social norms, or simply norms, is a term for widely shared, but often implicit, rules and expectations of behavior that apply within a small social community or in society at large. It is often believed that biological differences between women and men influence their behavior, for example that men are more mathematical and women more nurturing. But there is no clear scientific evidence for this. There is research showing that women's and men's brains are slightly different, but it cannot be said that this determines their behavior. Environment, upbringing, interests and culture play a much bigger role. People of the same sex can have brains with much greater differences.

Equal Rights and Opportunities: Gender equality theory asserts that all individuals, regardless of their gender identity, should have equal rights under the law. This includes the right to vote, work, access education, own property, and participate in political and social life without facing discrimination or restrictions based on gender.

Social Norms and Stereotypes: Gender equality theory recognizes the harmful impact of social norms and stereotypes that reinforce traditional gender roles and expectations. It argues that these norms limit individuals' choices and opportunities and contribute to gender-based discrimination.

Equal Pay and Economic Empowerment: A fundamental aspect of gender equality is achieving equal pay for equal work. This means that individuals should receive the same remuneration and opportunities for advancement regardless of their gender. The theory emphasizes that economic empowerment is critical for achieving gender equality.

Health and Reproductive Rights: Gender equality extends to the realm of health and reproductive rights. It advocates for individuals' autonomy over their bodies, including decisions about reproductive health, family planning, and access to healthcare services.

Education and Representation: Gender equality theory emphasizes the importance of equal access to quality education and representation in decision-making processes. It argues that everyone, regardless of gender, should have the opportunity to pursue their educational and career aspirations.

Intersectionality: Gender equality theory acknowledges that individuals may experience multiple forms of discrimination based on factors such as race, ethnicity, class, sexual orientation, and disability. Intersectionality highlights the need to address the unique challenges faced by individuals at the intersections of multiple identities.

Legal Protections: Achieving gender equality often involves enacting and enforcing laws and policies that protect individuals from gender-based discrimination, harassment, and violence. Legal measures are essential for upholding the principles of gender equality in society.

Cultural Change: Gender equality theory recognizes the role of culture in shaping beliefs and behaviors related to gender. It advocates for cultural change to challenge harmful practices and promote more inclusive and equitable norms.

Global Perspective: Gender equality is a global issue, and the theory emphasizes the importance of addressing gender disparities on a global scale. It recognizes that gender equality requires international cooperation and solidarity.

Ongoing Advocacy: Gender equality is not a static goal but an ongoing process that requires continuous advocacy, awareness-raising, and policy development. The theory encourages individuals and organizations to work collectively to advance gender equality.

Theory of domination techniques are a form of social manipulation that happens consciously or unconsciously when a person or group wants to maintain their privileged position. Domination techniques are used both online and offline, and can happen in a visible or invisible hierarchy toward another group or a specific individual. Some examples could include:

- Invisibility
- Being ignored
- Ridicule
- Insulting or mocking you
- Withholding information
- Not getting important information you need
- Objectification

In summary, the theory of gender equality seeks to create a world where individuals of all genders can live free from discrimination, enjoy equal opportunities, and participate fully in society. It recognizes that achieving gender equality is a complex

and multifaceted endeavor that involves addressing legal, social, economic, and cultural factors to create a more just and equitable world for all.

Along with relevant topics and learning resources to guide discussions and learning in non-formal settings, preventing gender-based violence requires education and awareness. Here are four learning activities aimed at raising awareness and promoting understanding and empathy to prevent gender-based violence:

1. **Gender Sensitivity Workshops:** Conduct workshops that focus on the concepts of gender equality, stereotypes, and societal expectations. Participants can engage in discussions and activities that challenge traditional gender roles, emphasize the importance of respect, and explore how these roles can perpetuate violence. Encourage open dialogue, sharing of personal experiences, and group discussions to foster empathy and understanding.
2. **Interactive Role-Play Scenarios:** Create role-play scenarios that address different forms of gender-based violence, such as verbal harassment, emotional abuse, or workplace discrimination. Participants can take on different roles and act out situations to understand the dynamics of violence and learn how to respond effectively. Encourage reflection and discussion after each scenario to explore alternatives and solutions.
3. **Media Literacy Workshops:** Teach individuals, especially young people, to critically analyze and deconstruct media messages that perpetuate gender stereotypes and objectification. Use real-world examples from popular media, advertisements, and social media to highlight how these messages can contribute to violence. Encourage participants to create their own counter-narratives and positive representations of gender.
4. **Community Engagement Projects:** Engage participants in community projects that promote gender equality and violence prevention. This could include organizing awareness campaigns, participating in local events, or collaborating with organizations that focus on gender-based violence prevention. Encourage participants to actively apply what they have learned in the workshops to create positive change in their communities.

These activities are designed to engage individuals and communities in a proactive and educational approach to prevent gender-based violence. By promoting awareness, empathy, and a deeper understanding of the issues surrounding gender-based violence, these activities can contribute to a more inclusive and equitable society.

LEARNING OBJECTIVES

	Module/Unit	Learning Objectives		
		Knowledge	Skills	Attitudes
1	Gender Sensitivity	At the end of the module participants should be able to...	At the end of the module participants should be able to...	The module aims at cultivating the following attitudes:

	<ul style="list-style-type: none"> • Discussion on gender stereotypes and their impact • Discussion on how stereotypes can lead to gender-based violence • Discuss, offering solutions on how to change harmful behaviours • Talk about how to promote gender equality in daily life 	<ul style="list-style-type: none"> • Identify specific approaches about gender sensitivity and the prevention of honour-based violence • Understand the influence of gender stereotypes and cultural norms on individuals and communities. • Explore Gender Sensitivity and Preventing Honour Related Violence 	<ul style="list-style-type: none"> • Learn about gender, sexual difference, masculinity and femininity. • Understand sexuality, and additional dimensions of difference. • Have knowledge from a variety of disciplines to bear on problems that face diverse people • Be equipped with the knowledge and skills necessary to challenge and change harmful behaviours and attitudes. 	<ul style="list-style-type: none"> • A deeper awareness of gender-related issues • Engaged in practical exercises • Committed to promoting gender equality in their daily lives • Equipped with safe and supportive space for harmful stereotypes
2.	<p>Interactive Role-Play Scenarios</p> <ul style="list-style-type: none"> • Discuss constructive and focused on potential solutions • Brainstorming on ways to handle the situations more positively and respectfully. • Discuss the importance of 	<p>Learn a unique and engaging opportunity to explore and address the complex dynamics of honour-based violence through interactive role-play scenarios.</p>	<p>Learn how to enhance participants' understanding of the various facets of honour-based violence and provide them with practical skills to intervene effectively and support survivors.</p> <p>Have a deeper awareness of this critical issue.</p>	<p>Learn to have a deeper awareness of interactive Role-Play Scenarios and honour-based violence</p> <p>Support survivors, and work towards a world free from violence and oppression.</p> <p>Foster empathy and critical</p>

	bystander intervention and support for victims.			thinking, associated with honour-based violence and a commitment to making a positive impact in their communities
3.	<p>Media Literacy</p> <ul style="list-style-type: none"> • Understanding Media's Influence and Its Impact on Honour Related Violence • Discussing the media and its effects on society • Discuss social media and its role in perpetuating or combating gender-based violence. 	Learn to focus on the critical examination of how media representations and narratives influence perceptions and attitudes toward honour-based violence.	Use tools to analyze media content, question portrayals of gender and cultural norms, and foster a more nuanced understanding of the relationship between media and violence.	<p>Deeper understanding for media literacy provides participants with valuable tools to critically assess and challenge media representations related to honour-based violence.</p> <p>Better understanding of media's influence and encouraging the development of counter-narratives, participants can actively contribute to a more empathetic society that rejects violence in all forms.</p>
4.	<p>Community Engagement Projects</p> <p>How to explore the critical intersection of community engagement and addressing honour-based violence.</p>	Learn about this important topic and make a positive impact in their communities.	<p>Learn and understand the concept of honour-based violence and its impact on individuals and communities.</p> <p>Explore the significance of community</p>	<p>Equipped with the knowledge and tools to create a meaningful community</p> <p>Equipped to make a positive impact in your communities and</p>

			engagement in preventing and addressing honour-based violence.	more inclusive society.
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ACTIVITIES

A1.5 Exploring Gender Sensitivity and Preventing Honour-based Violence

Activity Name	Exploring Gender Sensitivity and Preventing Honour-based Violence
Goals	To equip participants with the knowledge and skills necessary to challenge and change harmful behaviours and attitudes. By the end of the day, participants will have a deeper awareness of gender-related issues, will have engaged in practical exercises, and will have committed to promoting gender equality in their daily lives.
Description	Gender sensitivity and the prevention of honour-based violence is designed to provide a comprehensive understanding of the influence of gender stereotypes and cultural norms on individuals and communities
Type of activity	Discussion Video and Case Studies
Duration	1h-1h30 depending on the size of the group
Space & Materials	Spacious room Paper and pens for participants to take notes Not mandatory: whiteboard to right down the main aspects of each group's event
Learning Outcomes	This workshop on gender sensitivity and the prevention of honour-based violence provides a safe and supportive space for participants to learn, discuss, and commit to making a positive impact in their communities. It equips them with the knowledge, tools, and resources to challenge harmful stereotypes, promote gender equality, and contribute to a society free from gender-based violence.
Module	Understanding gender equality
Source	This activity was created by FU for the Fatima 2 project

A1.6 Interactive Role-play Scenarios

Activity Name	Interactive Role-Play Scenarios
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Goals	To enhance participants' understanding of the various facets of honour-based violence and provide them with practical skills to intervene effectively and support survivors. The small group setting allows for in-depth discussions and personalized guidance, ensuring that participants leave with a deeper awareness of this critical issue.
Description	Designed to provide participants with a unique and engaging opportunity to explore and address the complex dynamics of honour-based violence through interactive role-play scenarios
Type of activity	Role-play and discussion
Duration	1h-1h30 depending on the size of the group
Space & Materials	Spacious room Paper and pens for participants to take notes Not mandatory: whiteboard to right down the main aspects of each group's event
Learning Outcomes	This workshop on Interactive Role-Play Scenarios and honour-based violence empowers participants with the skills and knowledge to intervene effectively, support survivors, and work towards a world free from violence and oppression. The interactive nature of the scenarios fosters empathy and critical thinking, ensuring that participants leave the workshop with a deeper understanding of the challenges associated with honour-based violence and a commitment to making a positive impact in their communities.
Module	Understanding gender equality
Source	This activity was created by FU for the Fatima 2 project

A1.7 Media Literacy Workshops

Activity Name	Media Literacy Workshops
Goals	Understanding Media's Influence and Its Impact on Honour Related Violence
Description	Workshop on media literacy is designed for a small group of four participants and focuses on the critical examination of how media representations and narratives influence perceptions and attitudes toward honour-based violence. The workshop will equip participants with the tools to analyze media content, question portrayals of gender and cultural norms, and foster a more nuanced understanding of the relationship between media and violence.
Type of activity	The facilitator provides information on resources and opportunities for participants to continue their media literacy journey and advocate for more responsible media representation.

Duration	1.30-2h, depending on the size of the group
Space & Materials	Spacious room Paper and pens for participants to take notes Not mandatory: whiteboard to right down the main aspects of each group's event
Learning Outcomes	This workshop on media literacy provides participants with valuable tools to critically assess and challenge media representations related to honour-based violence. By fostering an understanding of media's influence and encouraging the development of counter-narratives, participants can actively contribute to a more informed and empathetic society that rejects violence in all forms.
Module	Understanding gender equality
Source	This activity was created by FU for the Fatima 2 project

A1.8 Community Engagement Projects and Honour-based Violence Workshop

Activity Name	Community Engagement Projects and Honour Related Violence Workshop
Goals	To gain a deeper understanding of honour-based violence but will also be equipped with the knowledge and tools to create meaningful community engagement projects aimed at preventing and addressing this critical issue. We hope that this workshop will inspire and empower each of you to make a positive impact in your communities and contribute to a safer and more inclusive society.
Description	<ul style="list-style-type: none"> • Understand the concept of honour-based violence and its impact on individuals and communities. • Explore the significance of community engagement in preventing and addressing honour-based violence. • Learn about effective strategies and best practices for developing community engagement projects. • Collaboratively brainstorm and plan community engagement initiatives to combat honour-based violence.
Type of activity	Discuss strategies for collaboration with community stakeholders
Duration	1.30-2h, depending on the size of the group

Space & Materials	Spacious room <ul style="list-style-type: none"> ● Handouts, including definitions and statistics on honour-based violence. ● Case studies and success stories of community engagement projects. ● Templates for project planning and development. ● Lists of relevant resources and organizations for further support.
Learning Outcomes	Participants will not only gain a deeper understanding of honour-based violence but will also be equipped with the knowledge and tools to create meaningful community engagement projects aimed at preventing and addressing this critical issue. We hope that this workshop will inspire and empower each of you to make a positive impact in your communities and contribute to a safer and more inclusive society.
Module	Understanding gender equality
Source	This activity was created by FU for the Fatima 2 project